

Think about a specific time someone has harmed you. The harm that occurred could have been physical harm, emotional harm (such as insulting you or betraying you), or economic harm (such as stealing from you). When you have thought of an episode, please answer the following questions concerning that incident

Description of the situation 1																		
<p>.....</p> <p>.....</p> <p>.....</p>																		
<p>a) Why do you think the person/persons behaved in this way?</p> <p>.....</p>																		
<p>b) Do you think the person(s) did this on purpose?</p> <table style="width: 100%; text-align: center; border: none;"> <tr> <td style="width: 16.6%;">1</td> <td style="width: 16.6%;">2</td> <td style="width: 16.6%;">3</td> <td style="width: 16.6%;">4</td> <td style="width: 16.6%;">5</td> <td style="width: 16.6%;">6</td> </tr> <tr> <td>Definitely</td> <td>Probably</td> <td>Maybe</td> <td>Maybe</td> <td>Probably</td> <td>Definitely</td> </tr> <tr> <td>no</td> <td>no</td> <td>no</td> <td>yes</td> <td>yes</td> <td>yes</td> </tr> </table>	1	2	3	4	5	6	Definitely	Probably	Maybe	Maybe	Probably	Definitely	no	no	no	yes	yes	yes
1	2	3	4	5	6													
Definitely	Probably	Maybe	Maybe	Probably	Definitely													
no	no	no	yes	yes	yes													
<p>c) How angry would this make you feel?</p> <table style="width: 100%; text-align: center; border: none;"> <tr> <td style="width: 20%;">1</td> <td style="width: 20%;">2</td> <td style="width: 20%;">3</td> <td style="width: 20%;">4</td> <td style="width: 20%;">5</td> </tr> <tr> <td>Not at All</td> <td></td> <td></td> <td></td> <td>Very angry</td> </tr> <tr> <td>Angry</td> <td></td> <td></td> <td></td> <td></td> </tr> </table>	1	2	3	4	5	Not at All				Very angry	Angry							
1	2	3	4	5														
Not at All				Very angry														
Angry																		
<p>d) How much would you blame that person/s?</p> <table style="width: 100%; text-align: center; border: none;"> <tr> <td style="width: 20%;">1</td> <td style="width: 20%;">2</td> <td style="width: 20%;">3</td> <td style="width: 20%;">4</td> <td style="width: 20%;">5</td> </tr> <tr> <td>Not at all</td> <td></td> <td></td> <td></td> <td>Very much</td> </tr> </table>	1	2	3	4	5	Not at all				Very much								
1	2	3	4	5														
Not at all				Very much														
<p>e) What did you do in this situation?</p> <p>.....</p>																		

Think of another similar, specific time someone has harmed you. The harm that occurred could have been physical harm, emotional harm (such as insulting you or betraying you), or economic harm (such as stealing from you). When you have thought of an episode, please answer the following questions concerning that incident

Description of the situation 2					
.....					
.....					
.....					
a) Why do you think the person/persons behaved in this way?					
.....					
b) Do you think the person(s) did this on purpose?					
1 Definitely no	2 Probably no	3 Maybe no	4 Maybe yes	5 Probably yes	6 Definitely yes
c) How angry would this make you feel?					
1 Not at All Angry	2	3	4	5 Very angry	
d) How much would you blame that person/s?					
1 Not at all	2	3	4	5 Very much	
e) What did you do in this situation?					
.....					